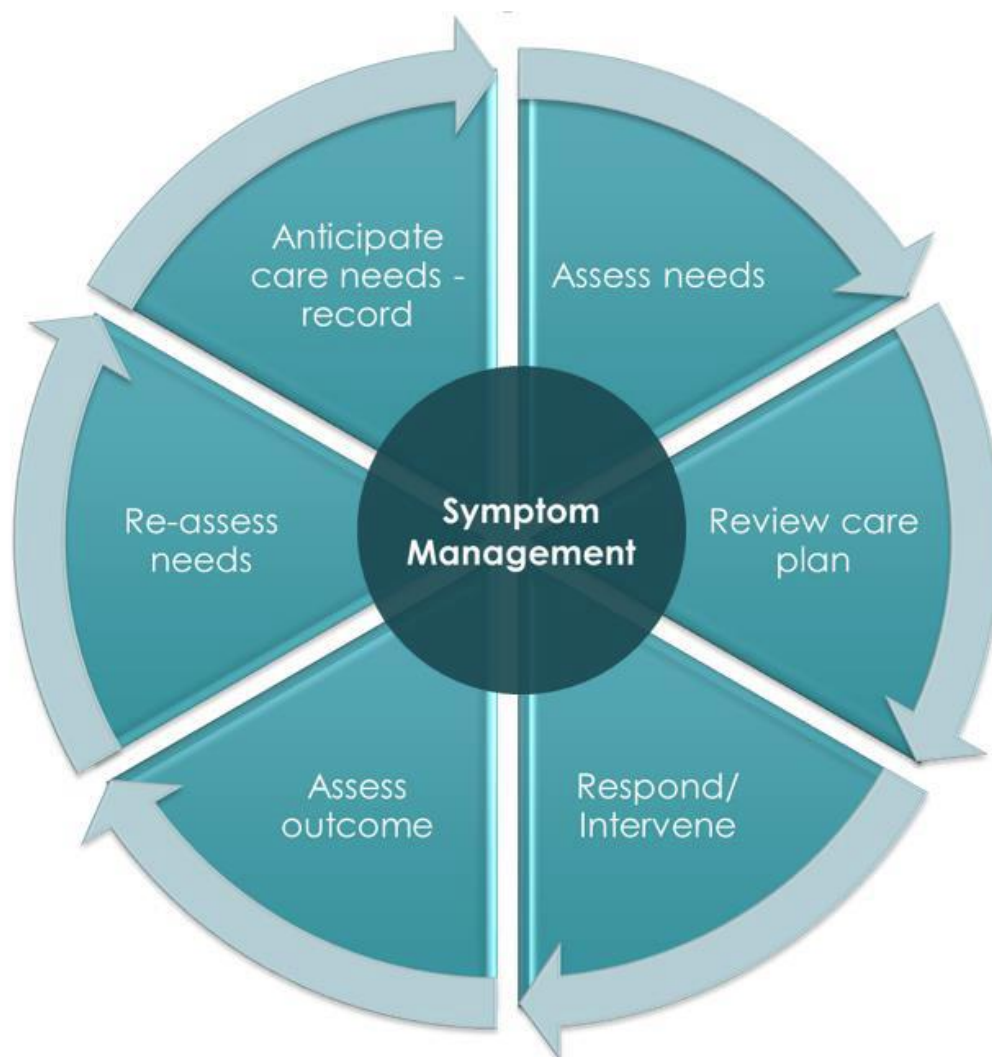


## Symptom management in palliative care

People who are living with life-limiting illness can have rapid and/or unexpected changes in their symptoms, level of independence and goals.

Care plans must be flexible and adaptable to the dynamic state of the person's needs.

Assessment and reassessment are core elements of the person's care as outlined in the following figure:



## References

- CareSearch (2020). Symptom Management. Accessed Jan 2021 at: <https://www.caresearch.com.au/caresearch/ProfessionalGroups/NursesHubHome/Clinical/SymptomManagement/tabid/1466/Default.aspx>
- Palliative Care Outcomes Collaboration (PCOC)(2021). Accessed Jan 2021 at: <https://www.uow.edu.au/student/learning-co-op/assessments/>
- Palliative Care Expert Group. (2016). Therapeutic Guidelines; palliative care (4th ed.). Melbourne: Therapeutic Guidelines Limited.

