

Advanced Care Directive

Aging is part of life and sometimes residential care is the best option for us or our loved ones.

There are many things to do as part of the admission process but one thing that is commonly overlooked at the time is making an Advanced Care Directive.

We might overlook it thinking we've got time we can do this later; mum and dad just need help they're not at end of life, but the fact is everyone should have a plan in order because well we just never know what's around the corner.

So, what is an advanced care directive, it is an important way of letting people know your wishes about your health treatment should you find yourself in a position way seriously ill or injured and not able to make decisions. Having an Advanced Care Directive will make it easier on your loved ones and health care staff if they need to make the decisions will be.

An Advanced Care Directive can only be made by you as an adult with decision making capacity so if it's valid it must be followed. To complete this takes less than 15 minutes so it just makes sense to do it as part of the admission process in a process or in the life journey. Your family may find it hard to decide what treatment is best for you an advanced care directive will help doctors and family know what you want when you cannot tell them yourselves.

There are many questions that can be answered in the book that is supplied with your admission, we also have listed some contact details at the end of this clip for other sources that might be helpful in your decision making. Thank you I hope this is being helpful.