

Recognising Deterioration

By Moua and Ganga

What is Recognising Deterioration?

- Deterioration is when a person's state of health declines (worsens).
- For us care workers recognising deterioration is important for our role is because we are the ones who see everything, the ones who deal with residents from day to day and report to the RN daily if we notice any changes
- We are the eyes and ears for the RN and must report any changes to the residents health condition.

Why does it matter

- This can be discussed with the person and their family
- Care is reviewed with the person (if able), the family and GP
- A palliative care plan can be started or changed
- Care is given in line with the person's wishes
- Symptoms are managed appropriately
- Support to the person, the family and staff can be provided.

Early Signs of Deterioration and
what to look for:
And if you see any of these signs
report to the RN in charge.



- * Loss of Appetite
- * Reduced intake of food (eating less)
- * Losing weight



- * Becoming bedbound and less mobile
- * Sleeping a lot more and not wanting to get out of bed
 - * Lack of interest/ less engagement
 - * Feeling Fatigue and more lethargy
 - * Frequent falls



- * Skin breakdown
- * Infection
- * Colder extremities



STOP AND WATCH TOOL

Recognising Deterioration

<h3>Early Warning Tool</h3>	<p>S Seems different to usual think: 'Stop & Watch' </p>	<p>T Talks or communicates less </p>	<p>O Overall needs more help </p>	<p>P Pain (new or worsening) Participating less in activities </p>
<p>A Ate less Lack of appetite </p>	<p>N No bowel movement in 3 days or diarrhoea </p>	<p>D Drank less Monitor using a hydration chart </p>	<p>Everyone can spot the signs If you notice an important change make sure you talk to the right person about this without delay. This could be your manager, healthcare professional, the family or the out of hours health service.</p>	
<p>W Weight change Losing weight without trying </p>	<p>A Agitated or more nervous than usual </p>	<p>T Tired weak, confused or drowsy </p>	<p>C Change in skin colour or condition </p>	<p>H Help with walking, transferring or going to the toilet more than usual </p>

Thank you for watching
By Moua and Ganga.

Please fill out the Evaluation form
and the attendance sheet. Thank
you