



IPEPA Learning Approach

IPEPA education is delivered by Aboriginal and/or Torres Strait Islander facilitators and grounded in the holistic and healing-informed practices of dadirri, yarning and two-way learning.

Dadirri



Aunty Dr Miriam-Rose Ungunmerr-Baumann, an Elder from Daly River has given the world a gift by sharing the ancient practice of dadirri. Dadirri is deep listening from a place of quiet, still awareness. It facilitates deep

reflection and contemplation to bring peace, understanding and increased awareness. In this way, we draw on dadirri as the core, underpinning practice of our workshop to manifest rich, genuine two-way learning that reveals pathways to new knowledges.

Yarning



Yarning is a free-flowing reciprocal conversation that involves deep listening (dadirri) to storytelling that creates new knowledge and understanding in an environment where all participants feel safe and respected.

It embodies and continues our oral traditions and builds deep reflection and empathy among those involved. Our workshops draw on this two-way storytelling exchange to translate information in a way that resonates with our Aboriginal and Torres Strait Islander ways of knowing, being and doing.

Two-way learning



In many of our communities, water is a symbol of knowledge, and two-way learning can be seen where streams of knowledges combine and lead to deeper understanding and truth.

We can draw on this as a metaphor for how Indigenous knowledges (represented by fresh water), and Western knowledge (represented by water from the sea) mix with each other to form the creation of new knowledge, generated from the interaction and collaboration of Indigenous and Western knowledges. There is a mixing of two streams, creating a foam that retains individual particles of both fresh and salt water, which continue to carry their own identities and memory. If this foam is cupped roughly in the hands, it evaporates; it must be held gently to reveal its true nature. It is also necessary to be quiet and patient, and to listen deeply to hear the foam's soft sound, which links two-way learning closely to dadirri.

Our learning is about bringing together the profound wisdom and knowledge of those attending the workshop with the facilitators' knowledge of Western concepts, systems and resources in order to find a new knowledge where our people have equitable access to culturally-responsive palliative care.